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Spiritual Will Guide

Making Mummification arrangements requires the drafting of a Spiritual Will. A Spiritual Will is a very personal thing and everyone's Spiritual Will is different. What we provide here are guidelines to help you write a Spiritual Will.

Summum feels that everyone has an essence that will begin a journey upon the death of the body. The start of this journey signals the beginning of a transition to a new destination. To help you make that transition, it is important and necessary that you compile and put into written form things that will be read to you while Summum conducts your Mummification and Transference. This we refer to as your Spiritual Will. [Your essence will be fully aware of things going on](#), and your Spiritual Will will play an indispensable role during your Transference.

What you write should entail things you hold dear and you feel will help you make the journey. It can be religious in nature or have to do with a personal, spiritual philosophy -- or it can be a combination of both. It should include anything that you think will provide comfort and guidance through your journey. Things to write might include prayers, verses from a favorite book, poems, or scriptures. You might include writing of events that happened to you in your life that were very meaningful to you. Remember you are on a journey, so write of things that will help keep you focused and aware of the journey, that will help keep you calm, and will serve as a "road map" to your destination.

What is your destination? This depends on you. What are your feelings? What attracts you? You may aspire to heaven or nirvana. You may feel a reincarnation towards a certain type of life is in your destiny. You may feel compelled to unite with a clear, bright light of wisdom and understanding. Whatever you decide your destination to be, write of things that will help you reach it.

Another point to consider is the environment or "milieu" that is about your body while your spiritual will is recited. We recommend you designate items to have close to your body such as incense, flowers, icons, statue of a deity, pictures, music, candles, bells, food and/or drink. Again these should be things that have personal meaning to you and will provide ease and comfort to your essence.

Is there someone you wish to meet on the other side, perhaps a close friend, a mentor, a teacher, a relative who has passed on before you? Write about them and what they meant



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to you. Is there perhaps a religious figure you hold dear, a patron saint, a prophet, a lord, Christ, or Buddha? Write about them. In your will, you might ask these friends and/or figures to help guide you to your destination.

Have you ever had an out of body experience or a profound spiritual experience? If so, you might use that experience to draw from when writing your Spiritual Will. You might write parts of your Spiritual Will as if it is you speaking to yourself, as if you are giving yourself guidance. If you've ever kept a journal or diary, your Spiritual Will could be something similar where you write down your thoughts.

As you grow older, we recommend you periodically review your Spiritual Will as you will gain new experiences and your perspective and insights on life may change. You may wish to drop things, add things, or change things. You may feel that your destination has changed. In any event, your Spiritual Will can be changed any time since it belongs to you. Change it as you see fit. When you do make a change, be sure to provide us with the latest copy as we will use whatever copy we have on hand when we conduct your Transference.

We highly respect your privacy. We understand that a Spiritual Will is very personal. We will keep your Spiritual Will confidential and we will not reveal it to anyone unless you give us instructions to do otherwise.